I hope this message finds you well. Since our last update, a lot of progress has been made to advance the development of the Thacker Pass Project. During this unprecedented time, the Lithium Nevada team, alongside our contractors, has shifted to working from home to ensure that the Thacker Pass Project continues on schedule.

The COVID-19 crisis and resulting disruption of global supply chains demonstrates the importance for domestic production of critical strategic materials. Lithium Nevada's mission is now more important than ever and our team is doing everything we can so that the Thacker Pass Project proceeds to construction as soon as possible.

To those frontline workers who are healing the sick, and everyone else keeping essential supply chains functioning, thank you. We are also grateful to the many elected politicians and career civil servants that are providing leadership and support during this crisis to keep our loved ones safe and minimize the impact to the economy. To those civil servants who continue to process our permit applications, many while self-isolating, thank you for your continued hard work and constructive comments.

Our pledge is to do our part by moving Thacker Pass forward. Construction of the project would put over 1,000 people directly to work, and many more indirectly, to build a world class lithium project that would improve the domestic supply chain and strengthen the local economy. In the meantime, Lithium Nevada is providing ongoing support to local food charities in Northern Nevada for those in need.

Together, we'll get through this.

Alexi Zawadzki, CEO of Lithium Nevada
A Lithium Americas Company
LITHIUM NEVADA HOSTS THACKER PASS OPEN HOUSES

Lithium Nevada Corp (LNC) was pleased to host three open houses earlier this year.

We provided opportunities for Humboldt County residents to speak one-on-one with Lithium Nevada’s team at open houses in Orovada, Winnemucca and Fort McDermitt.

Nearly 140 community members attended to learn about the progress being made to bring Lithium Nevada’s Thacker Pass Project into production.

Representatives from Sawtooth Mining, who are on contract to mine the orebody; The Industrial Company (TIC), who are designing plant facilities; and Piteau Associates, which conducted the hydrology baseline data collection and assessment modelling for the project, were also on hand to meet with community members and answer questions.
LITHIUM NEVADA OPENS WINNEMUCCA OFFICE

In conjunction with the January 30th Thacker Pass open house in Winnemucca, the Humboldt County Chamber of Commerce conducted a ribbon cutting ceremony to celebrate the opening of Lithium Nevada’s Winnemucca office located at 91 Melarkey Street (next door to Chihuahua’s and Brew 95).

Several Chamber members along with the public were in attendance to help Alexi Zawadzki, CEO, Lithium Nevada cut the ribbon and officially open the office for business.

SUPPORTING THE HEALTH AND WELL-BEING OF THE COMMUNITIES WHERE WE LIVE AND WORK

Lithium Nevada recently partnered with Frontier Community Action Agency (FCAA) to provide food to Humboldt County residents in need. Each month, the FCAA recruits volunteers from local businesses to help package and distribute commodities to numerous households throughout the County. On average, FCAA distributes food to 130 households monthly. Anticipating there will be an increase in need due to the coronavirus pandemic, Lithium Nevada will provide $250 per week to FCAA and other food banks in Humboldt County for the duration of the pandemic.

Additional community investments committed by LNC include: Safe Haven Wildlife; Lowry Mining Industry Foundation-Humboldt County School District Staff Appreciation Banquet; Nevada Outdoor School - geology program/field trips fall 2020; Lowry High School Sober graduation party.
WORKFORCE DEVELOPMENT PROGRAM NEARING LAUNCH IN RURAL NEVADA

Lithium Nevada is advancing the largest-known lithium resource in the USA, the Thacker Pass Project in Humboldt County, NV. Thacker Pass is completing engineering and permitting and is expected to begin construction in early 2021, subject to change due to a possible impact of COVID-19.

Recognizing there’s a need to increase the local, skilled workforce to fill construction and maintenance jobs in rural Nevada communities, Lithium Nevada is partnering with Great Basin College (GBC); JOIN, Inc; Northern Nevada Regional Development Agency (NNRDA); Pershing County Economic Development Agency (PCEDA); BuildNV.ORG; and Nevada Builders Alliance to launch BuildNV Core Construction Training.

Core curriculum for the training comes from National Center for Construction Education & Research (NCCER) and will be taught by a GBC certified instructor.

Successful completion of this course provides basic skills essential to starting a career in the construction workforce and beyond! Credentials Earned: NCCER Certification and OSHA 10 Safety Card.

Coursework covered includes: OSHA 10 Training and Basic Safety; Construction Math; Hand Tools; Power Tools, Construction Drawings; Communication Skills, Employment Skills; and Material Handling.

Initial classes are planned to be held in Winnemucca in July with hopes to offer additional classes in Fort McDermitt and Lovelock later in the summer.

Course fees are $550 with tuition assistance for eligible students available through: JOIN, Inc.

For more information contact:

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<tr>
<th>Name</th>
<th>Organization</th>
<th>Phone</th>
<th>Email</th>
</tr>
</thead>
<tbody>
<tr>
<td>Maria Anderson</td>
<td>Lithium Nevada</td>
<td>(775) 386-8185</td>
<td><a href="mailto:maria.anderson@lithiumamericas.com">maria.anderson@lithiumamericas.com</a></td>
</tr>
<tr>
<td>Lisa Campbell</td>
<td>GBC-Winnemucca</td>
<td>(775) 623-4824</td>
<td><a href="mailto:lisa.campbell@gbcnv.edu">lisa.campbell@gbcnv.edu</a></td>
</tr>
<tr>
<td>Arlene Gonzalez</td>
<td>JOIN, Inc.</td>
<td>(775) 623-6218</td>
<td><a href="mailto:agonzalez@join.org">agonzalez@join.org</a></td>
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THACKER PASS PERMITTING UPDATE

Permitting of the Thacker Pass Project is well underway. One of the primary steps for approval by the federal government is preparation of an Environmental Impact Statement (EIS). The Bureau of Land Management (BLM) officially started this process in January by publishing a Notice of Intent to prepare the EIS in the Federal Register. The BLM also conducted two scoping meetings in January. These meetings allowed the public to offer comments regarding the proposed scope of the EIS. The BLM is currently considering the comments and we expect it will commence its study of the project shortly. We expect the draft EIS will be available to the public in May 2020, subject to any delays resulting from the impact of COVID-19.

Lithium Nevada also applied for a Water Pollution Control Permit (as well as other permits) with the State of Nevada Division of Environmental Protection.
LNC VALUES YOUR INPUT

Lithium Nevada Corp is engaged with local communities to address and mitigate environmental, social, and governance (ESG) issues related to the Thacker Pass Project. Our goal is to be a good neighbor by operating a clean, safe project that invests in our community. To help us with this effort we would appreciate your input. Please share your thoughts by completing our online short questionnaire.

LITHIUM AMERICAS CORPORATE NEWS RELEASES

You may access LAC 2020- Q1 news releases as well as hear from Jonathan Evans, President and CEO by accessing the following links:

Jan 21, 2020 - Lithium Americas receives notice of intent for the Thacker Pass Project
Mar 13, 2020 - Lithium Americas reports 2019 full year and fourth quarter results

Jonathan Evans, President and CEO, discusses Thacker Pass and supply/demand for lithium on LAC’s website

MEDIA COVERAGE OF LITHIUM AMERICAS

March 6, 2020 - Kitco - Lithium supply is tighter than people think, prices to rebound strongly
February 11, 2020 - BNN Bloomberg - Lithium Americas and Ganfeng Lithium Announce Caucharí-Olaroz JV Transaction
January 21, 2020 - Elko Daily - Plans progress for carbon-neutral lithium project

HOW TO REACH US

For more information, please visit our website at www.lithiumamericas.com or contact:

Maria Anderson, Community Relations Manager: maria.anderson@lithiumamericas.com

Lithium Nevada Corp.
Winnemucca Office
91 Melarkey St. #3
Winnemucca, NV  89445
(775) 386-8185
maria.anderson@lithiumamericas.com

Lithium Nevada Corp.
Reno Office
3685 Lakeside Drive
Reno, NV  89509
(775) 827-3318

Lithium Americas Corp.
Corporate HQ
300-900 West Hastings St
Vancouver, BC  V6C 1E5
(778) 656-5820
info@lithiumamericas.com
DISCLOSURE STATEMENT

About Lithium Americas
Lithium Americas, Corp. (TSX, NYSE: LAC) is a lithium development-stage company focused on advancing its projects in the United States and Argentina. These include its 100% owned Thacker Pass lithium project located in Nevada and held through its wholly owned subsidiary, Lithium Nevada, Corp., and its 50% interest in the Cauchari-Olaroz project located in Jujuy, Argentina. The Thacker Pass project is the largest known lithium deposit in the United States.

Technical Information
Scientific and technical information in this presentation about the Thacker Pass Project has been reviewed and approved by Rene LeBlanc, the Company’s Chief Technical Officer and a non-independent qualified person under NI 43-101. Further information about the Cauchari-Olaroz Project is available in the NI 43-101 technical report, Further information about Thacker Pass, including a description of data verification and QA/QC programs, is available in the NI 43-101 technical report of Lithium Americas effective August 1, 2018 entitled “Technical Report on the Pre-Feasibility Study for the Thacker Pass Project, Humboldt County, Nevada, USA”, available on SEDAR.

Forward-Looking Statements & Information
This presentation contains “forward-looking information” within the meaning of applicable Canadian securities legislation, and “forward-looking statements” within the meaning of applicable United States securities legislation (collectively referred to as “forward-looking information”). All statements, other than statements of historical fact, are forward-looking information. Forward looking information can be identified by the use of statements that include words such as “anticipate”, “plan”, “continue”, “estimate”, “expect”, “may”, “will”, “project”, “predict”, “propose”, “potential”, “target”, “implement”, “scheduled”, “intend”, “could”, “might”, “should”, “believe” and similar words or expressions. Forward-looking information in this presentation includes, but is not limited to: development of the Cauchari-Olaroz and Thacker Pass projects, including timing, production and operation forecasts, and results thereof, anticipated rates and quality of production at the Cauchari-Olaroz and Thacker Pass projects, the Company's ability to successfully fund, or remain fully funded for, such development (including with strategic partners), accuracy of estimates of mineral resources (including in relation to comparables), whether mineral resources can ever be converted into mineral reserves, timing and results of additional studies on the Thacker Pass Project, including the definitive feasibility study, schedule and budget forecasts for construction of the Cauchari-Olaroz and Thacker Pass projects, projected hiring needs, forecasts for future lithium market demand and pricing, government regulation of mining operations, forward-looking financial information and treatment under government, currency control and taxation regimes.

Forward-looking information involves known and unknown risks, assumptions and other factors that may cause actual results or performance to differ materially. Such forward-looking information reflects the Company's current views with respect to future events, and while considered reasonable by the Company at this time, are inherently subject to significant uncertainties and contingencies. Accordingly, there can be no certainty that such forward-looking information will accurately reflect actual results. Assumptions upon which such forward-looking information is based include, without limitation: current technological trends; the business relationship between the Company and Ganfeng Lithium; our ability to fund, advance and develop the Cauchari-Olaroz and Thacker Pass projects, including results therefrom and timing thereof; the ability to operate in a safe and effective manner; uncertainties relating to receiving and maintaining mining, exploration, environmental and other permits or approvals in Argentina and Nevada; worldwide demand for lithium; the impact of increasing competition in the lithium business, including the Company's competitive position in the industry; general economic conditions, including in relation to currency controls and interest rate fluctuations; political stability in the countries in which we operate; the amount of support we receive at the legislative, regulatory and community levels in the jurisdictions where we operate; estimates of and changes to market prices for lithium and commodities; exploration, development and construction costs for the Cauchari-Olaroz and Thacker Pass projects; estimates of mineral resources and mineral reserves, including whether mineral resources will ever be developed into mineral reserves and in relation to comparables; the reliability of technical data; anticipated timing and results of exploration, development and construction activities; the ability to achieve commercial production; and the accuracy of budget and construction estimates; and the availability of our workforce, ability to secure supplies and ability to meet projected timelines for our project as a result of the impact of COVID-19 globally and in the jurisdictions in which we operate. Additional information on these and other factors can be found in Lithium Americas’ annual information form and most recently filed management discussion & analysis available on SEDAR and their equivalents on EDGAR. There can be no assurance that forward-looking information will prove to be accurate, as actual results and future events could differ materially from those anticipated in such information. Accordingly, readers are cautioned not to place undue reliance on forward-looking information. Lithium Americas does not intend, and expressly disclaims any obligation to, update any forward-looking information whether as a result of new information, future events or otherwise, except as and to the extent required by applicable securities laws.

Certain information provided in this presentation constitutes forward-looking financial information within the meaning of applicable securities laws. Management has provided this information as of the date of this document in order to assist readers to better understand the expected results and impact of Lithium Americas’ operations. Readers are cautioned that this information may not be appropriate for any other purpose, including investment purposes, and consequently should not place undue reliance on this information. Readers are further cautioned to review the full description of risks, uncertainties and management’s assumptions in Lithium Americas’ most recent and annual Management’s Discussion and Analysis available on SEDAR at www.sedar.com. Forward-looking financial information also constitute forward-looking information within the context of applicable securities laws and as such, is subject to the same risks, uncertainties and assumptions as are set out in the cautionary note above.

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